

To sign up, send a \$500.00 deposit to: Ron Bonnevie, 327 Fairbanks Rd, Farmington, ME 04938

ALPINE IMMERSION FALL SKI CAMP



LOVELAND & A-BASIN, COLORADO; Nov. 10-18, 2012

Estimated cost \$1,900.00 all inclusive, based on early airlines reservation

Focus on **FUN**damental Technical & Tactical Development

This camp is a great opportunity for alpine racers to be ready to start this season with seven days of skiing in great conditions, learning the essential technical & tactical ski racing skills key to success. The camp spans 2 weekends & Veterans day, minimizing lost school or work time.



Loveland is one of the first resorts in Colorado to open for the season. They have an excellent snow making capacity and often receive the first natural snow falls of the

season. This camp will provide campers with plenty of early season ski mileage on a variety of wide trails. The altitude allows for excellent snow conditions not found on the East Coast in November!

COACHING

Ron Bonnevie has over 30 years of experience. He's an Internationally certified USSA coach, a level II with PSIA, a FIS TD and holds a Masters' degree in Phys. Ed.. Formally the head J4 coach at SCVA; this will be his second season coaching at Saddleback. He also travels to do private sessions with individuals and small groups.

AIR TRAVEL

We use Southwest Airlines (no charge for checked bags) flying out of Manchester for those in New England. With the challenging air travel market, the camp cost is based on prompt deposits, therefore early sign up will help to keep costs down.

DAILY SCHEDULE

8:30 - 11:00	Morning session
11:00 - 11:30	Lunch
11:30-2:00	Afternoon session
3:00 - 5:30	Study Hall/Ski tuning
5:30 - 6:30	Film review
7:00	Dinner

FAMILY ATMOSPHERE HOUSING



Lodging is in comfortable private homes, town-houses or condos, depending on group size; in Keystone, 25 minutes from Loveland Basin ski area and 10 minutes from A

Basin. Meals are prepared family style and campers will assist in the chores. There will be a ski tuning area, audio/visual equipment for film review and study areas for afternoon homework sessions. This year's house, the **Appaloosa lodge** has DSL wireless internet. (see "Key to the Rockies" for more pics)

For more information contact **RON BONNEVIE** at 207 491-7134 or <ron.bonnevie@gmail.com>